## Freetown Community Center Senior Calendar "Golden Legends"

## April

2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1. 9:00 Fellowship 9:30 Cardio Exercise 10:00-11:00 Bible Study 11:30 Lunch 12:30 Clean Up  *April Fool's Day*	9:00 Fellowship 9:30-10:30 Taste Bud Tuesday (Spanish Theme) 10:30-11:30 B.I.N.G.O 11:30 Lunch 12:30 Clean Up	3. 9:00 Fellowship 9:30-11:30 Walmart Trip 11:30 Lunch 12:30 Clean Up	4.	5.
8. 9:00 Fellowship 9:30 Cardio Exercise 10:00-11:00 Bible Study 11:30 Lunch 12:30 Clean Up	9. 9:00 Fellowship 9:30 Cardio Exercise 10:15-11:15 Tammie Miller Health & Nutrition Speaker 11:30 Lunch 12:30 Clean Up *COG ASSESSMENT*	10. Mt. Pleasant Easter Luncheon @10am  Bus Leaving @ 9:15am	11.	12.
15.	16.	17.	18.	19.
No Senior	No Senior	No Senior	No Senior	No Senior
Programming	Programming	Programming	Programming	Programming
Spring Break	Spring Break	Spring Break	Spring Break	Spring Break
9:00 Fellowship 9:30 Cardio Exercise 10:00-11:00 Bible Study 11:30 Lunch 12:30 Clean Up	9:00 Fellowship 9:30 Stronger Seniors Aerobics 10:30-11:30 Wind Chimes Craft 11:30 Lunch 12:30 Clean Up	24. 9:00 Fellowship 9:15-10:15 Library Trip 10:30-11:30 Table Games/Pokeno 11:30 Lunch 12:30 Clean Up	25.	26.
29. 9:00 Fellowship 9:30 Cardio Exercise 10:00-11:00 Bible Study 11:30 Lunch 12:30 Clean Up	30. Falls Park Trip Bring Lunch Money Leaving at 10am		COUNTY Rec PARKS • RECREATION • TOURISM	senior

For more info, please call April Jackson at 864-295-3567 or email at <a href="mailto:apjackson@greenvillecounty.org">apjackson@greenvillecounty.org</a>. Lunch served from 11:30 am – 12:30 pm . (MTW) 200 Alice Avenue Greenville / Hours of Operation MTW 9:00am – 1:00pm