



March 2020

Monday	Tuesday	Wednesday	Thursday	Friday
2 9:00 Arrival/Fellowship 9:45 Morning Stretch 10:00 Business Mtg. Discussion 11:30 Lunch 12:30 Clean Up	3 9:00 Cherrydale Shopping Center-Ross; Ingles; Dollar Tree & Etc 11:30 Lunch 12:30 Clean-Up	4 9:00-Arrival/Fellowship 9:45 Morning Stretches 10:00 Power Hour 11:30 Lunch 12:00 Pickle Ball 12:30 Clean-Up	5 9:00-Deals Galore Drivers be here at 8:30 11:30 Lunch 12:30 Clean-Up	6 9:00 Arrival/Fellowship 10:00 Silver Sneakers 11:30 Lunch 12:30 Clean-Up
9 9:00-Arrival/Fellowship 9:45 Morning Stretches 10:00 Bon Secours Health Discussion: Renal Health 11:30 Lunch 12:30 Clean Up	10 9:00 Well Walkers at Bon Secours Arena Drivers here at 8:30 10:30 11:30 Lunch 12:30 Clean-Up	11 9:00-Arrival/Fellowship 9:45 Morning Stretches 10:00 Power Hour 11:30 Lunch 12:30 Clean-Up	12 9:00-Arrival/Fellowship 9:45 Morning Stretches 10:00 Arts & Crafts 11:30 Lunch 12:30 Clean-Up	13 9:00 Arrival/Fellowship 10:00 Silver Sneakers 11:30 Lunch 12:30 Clean-Up
16 9:00-Arrival/Fellowship 9:45 Morning Stretches 10:00 Container Gardening 11:30 Lunch 12:30 Clean Up Reassessments	17 CELEBRATION Happy Birthday!	18 9:00-Arrival/Fellowship 9:45 Morning Stretches 10:00 Power Hour 11:30 Lunch 12:30 Clean-Up	19 9:00-Arrival/Fellowship 9:45 Morning Stretches 10:00 Games with Diane 11:30 Lunch 12:30 Clean-Up	20 9:00 Arrival/Fellowship 10:00 Silver Sneakers 11:30 Lunch 12:30 Clean-Up
23 9:00-Arrival/Fellowship 9:45 Morning Stretches 10:00 Speaker- 11:30 Lunch 12:30 Clean Up	24 9:00 Well Walkers at Bon Secours Arena 10:30 11:30 Lunch 12:30 Clean-Up	25 9:00-Arrival/Fellowship 9:45 Devotions 10:00 Power Hour 11:30 Lunch 12:30 Clean-Up	26 9:00-Arrival/Fellowship 9:45 Devotions 10:00 Arts & Crafts 11:30 Lunch 12:30 Clean-Up	27 9:00 Arrival/Fellowship 10:00 Black History Program (Sponsored) 11:30 Lunch 12:30 Clean-Up
30 9:00-Arrival/Fellowship 9:45 Morning Stretches 10:00 A moment in AA History-Barbara Richardson 11:30 Lunch 12:30 Clean Up	31 9:00-Arrival/Fellowship 9:45 Morning Stretches 10:00 Healthy Snacking 11:30 Lunch 12:30 Clean-Up	March 8th time Change 	Senior Action Save the Date April 24, 2020 The Roaring Twenties Senior Prom 6pm Berea Community Center 	

..... Sterling Community Center
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 Site Program Coordinator: Sylvia Vandross svandross@greenvillecounty.org