

## JUNE 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<p><b>1</b></p> <p><b>10 am:</b> SilverSneakers Classic (Main Room)  <b>11 am:</b> Garden Club (Back Yard)  <b>1 pm:</b> Chair Yoga* (Classroom)  <b>2 pm:</b> Level 2 Line Dance* (Main Room)</p>	<p><b>2</b></p> <p><b>10 am:</b> SilverSneakers Circuit (Main Room)  <b>1 pm:</b> SilverSneakers Classic (Main Room)</p>	<p><b>3</b></p> <p><b>8:30 am:</b> Level 1 Line Dance* (Main Room)  <b>10 am:</b> SilverSneakers Circuit (Main Room)</p>
<p><b>6</b></p> <p><b>10 am:</b> SilverSneakers Classic (Main Room)  <b>1 pm:</b> Chair Yoga* (Classroom)</p>	<p><b>7</b></p> <p><b>9:30-11:30 am:</b> Sew Much Fun! (Classroom B)  <b>10 am:</b> SilverSneakers Circuit (Main Room)  <b>12:30-2 pm:</b> Stitch in Time (Classroom B)  <b>1 pm:</b> SilverSneakers Classic (Main Room)</p>	<p><b>8</b></p> <p><b>10 am:</b> SilverSneakers Classic (Main Room)  <b>10:30 am:</b> COG Lunch Assessments (Classroom)  <b>11 am:</b> Garden Club (Back Yard)  <b>1 pm:</b> Chair Yoga* (Classroom)  <b>2 pm:</b> Level 2 Line Dance* (Main Room)</p>	<p><b>9</b></p> <p><b>10 am:</b> SilverSneakers Circuit (Main Room)  <b>1 pm:</b> SilverSneakers Classic (Main Room)</p>	<p><b>10</b></p> <p><b>8:30 am:</b> Level 1 Line Dance* (Main Room)  <b>10 am:</b> SilverSneakers Circuit (Main Room)  <b>12 pm:</b> Monthly Craft* (Classroom)  <b>1 pm:</b> Bingo hosted by Oak Street Health (Main Room)</p>
<p><b>13</b></p> <p><b>10 am:</b> SilverSneakers Classic (Main Room)  <b>12:30 pm:</b> Birthday Party hosted by Oak Street Health (Main Room)  <b>1 pm:</b> Chair Yoga* (Classroom)</p>	<p><b>14</b></p> <p><b>9:30-11:30 am:</b> Sew Much Fun! (Classroom)  <b>10 am:</b> SilverSneakers Circuit (Main Room)  <b>12:30-2 pm:</b> Stitch in Time (Classroom)  <b>1 pm:</b> SilverSneakers Classic (Main Room)</p>	<p><b>15</b></p> <p><b>10 am:</b> SilverSneakers Classic (Main Room)  <b>11 am:</b> Garden Club (Back Yard)  <b>1 pm:</b> Chair Yoga* (Classroom)  <b>2 pm:</b> Level 2 Line Dance* (Main Room)</p>	<p><b>16</b></p> <p><b>10 am:</b> SilverSneakers Circuit (Main Room)  <b>1 pm:</b> SilverSneakers Classic (Main Room)</p>	<p><b>17</b></p> <p><b>8:30 am:</b> Level 1 Line Dance* (Main Room)  <b>10 am:</b> SilverSneakers Circuit (Main Room)</p>
<p><b>20</b></p> <p><b>10 am:</b> SilverSneakers Classic (Main Room)  <b>1 pm:</b> Chair Yoga* (Classroom)</p>	<p><b>21</b></p> <p><b>9:30-11:30 am:</b> Sew Much Fun! (Classroom)  <b>10 am-2 pm:</b> Farmers Market Voucher Distribution (Main Room)  <b>10 am:</b> SilverSneakers Circuit (Main Room)  <b>12:30-2 pm:</b> Stitch in Time (Classroom)  <b>1 pm:</b> SilverSneakers Classic (Main Room)</p>	<p><b>22</b></p> <p><b>10 am:</b> SilverSneakers Classic (Main Room)  <b>11 am:</b> Garden Club (Back Yard)  <b>1 pm:</b> Chair Yoga* (Classroom)  <b>2 pm:</b> Level 2 Line Dance* (Main Room)</p>	<p><b>23</b></p> <p><b>10 am:</b> SilverSneakers Circuit (Main Room)  <b>1 pm:</b> SilverSneakers Classic (Main Room)</p>	<p><b>24</b></p> <p><b>8:30 am:</b> Level 1 Line Dance* (Main Room)  <b>10 am:</b> Silver Sneakers Circuit (Main Room)  <b>1 pm:</b> Bingo hosted by Waterstone on Augusta (Main Room)</p>
<p><b>27</b></p> <p><b>10 am:</b> SilverSneakers Classic (Main Room)  <b>1 pm:</b> Chair Yoga* (Classroom)</p>	<p><b>28</b></p> <p><b>9:30-11:30 am:</b> Sew Much Fun! (Classroom)  <b>10 am:</b> SilverSneakers Circuit (Main Room)  <b>12:30-2 pm:</b> Stitch in Time (Classroom)  <b>1 pm:</b> SilverSneakers Classic (Main Room)</p>	<p><b>29</b></p> <p><b>10 am:</b> SilverSneakers Classic (Main Room)  <b>11 am:</b> Garden Club (Back Yard)  <b>1 pm:</b> Chair Yoga* (Classroom)  <b>2 pm:</b> Level 2 Line Dance* (Main Room)</p>	<p><b>30</b></p> <p><b>10 am:</b> SilverSneakers Circuit (Main Room)  <b>1 pm:</b> SilverSneakers Classic (Main Room)</p>	

# General Information

## New Program Descriptions for June

### **June Monthly Lunch Assessment**

(Wed. June 8th, 10:30 am-12:30 pm)

**Cost:** Free

If you are a new member interested in being part of the lunch program at Berea who needs to be assessed for the first time, or a returning member who is due for their annual reassessment, please plan to attend. You will meet with an assessor from the Appalachian Council of Governments to determine your eligibility to receive lunch free of cost!

### **Monthly Craft: Abstract Paint Pour**

(Friday, June 10<sup>th</sup>, 12 pm)

**Cost:** \$7

Abstract paint pouring is the art of mixing paints and pouring them onto a canvas or other surface to create a unique design. This is a great craft for both beginners and experienced artists alike! No experience necessary and all supplies are provided.

### **Birthday Party** *hosted by Oak Street Health*

(Monday, June 13<sup>th</sup>, 12:30 pm)

**Cost:** Free

Open to all members, but those having a birthday in the months of April, May, or June will get a special treat.

## **Berea Community Center**

### **Spark Café Daily Lunch**

Lunch is served: 11:30 am-12:00 pm

Café remains open until 12:45 pm

**Cost:** \$6

**Ask how you can receive a discount and have your meal free.**

(If you have previously completed an assessment with the Appalachian Council of Government, please check with the front desk to confirm that it is still active.)

### Meal Reservations

- Meal reservations must be made no later than 1:00 pm the day before you plan to eat.
- To cancel a meal, call the Berea Community Center by **1:00 pm the day before** your reservation
- Anyone who is responsible for more than 3 wasted meals will be suspended from the lunch program. (A wasted meal is a meal that you reserved but did not pick up without calling to cancel)

## Group Activities

(See activity schedule on reverse side)

### **Reserving a Space in Class**

- You must register for **all** programs and activities
- Reservations can be made by completing a Reservation form with the Front Desk staff
- If you are registering for a fee-based activity, you are required to pay the fee at the time of registration

### **Fee-Based Programs in June**

- Chair Yoga: \$30/month
- Level 1 Line Dance: \$20/month
- Level 2 Line Dance: \$20/month
- Monthly Craft (Abstract Paint Pour): \$7

Berea Community Center

Contact Information

**6 Hunts Bridge Road  
Greenville, SC 29617**

**864-467-3640**

Site Director: Scotty Hammett  
Assistant Director: Karen Robinson

## Update Corner

- Please welcome Karen Robinson to the Berea Community Center staff! Karen has previously worked with Senior Action and is a lovely addition to the team!
- Congratulate Scotty Hammett on stepping in to the Site Director role. He embodies Senior Action's mission completely and will continue to do an amazing job at leading the Berea Community Center!